

Reload of standard modes with C angle greater than 50 degrees

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		Breakfast
07:30-08:00		Work prep
08:00-08:15		DPC (<i>S-band</i>)
08:15-09:15	FE-1	Preparation for return on Soyuz
08:20-08:35	CDR	Private conference with physical exercise specialist (<i>YKB</i>)
08:35-09:15		Preparation for return on Soyuz
09:15-09:25		Docking Assembly Accessories Kit (CтА) outfit in DC1
09:15-09:20	FE-1	Connecting the cable of the robotics station
09:25-10:20	.	LBNP exercise (PRELIMINARY). Conference with a specialist (<i>YKB</i>)
10:20-11:50	CDR	ИПК-1М Gas Mask Replacement in SM and DC1
10:20-10:30	FE-1	TVIS/RED file transfer to MEC
10:30-11:45		Physical exercise CEVIS
11:45-12:45		LUNCH
11:50-12:50	CDR	
12:45-13:45	FE-1	Printout of Airlock EVA (EMU) cooling line water sampling procedure
12:50-14:20	CDR	Replacement of 800A AБ №8 in SM
13:45-14:15	FE-1	Review of Airlock EVA (EMU) cooling line water sampling procedure
14:15-14:30		Temperature probe installation
14:20-15:00	CDR	RELAXATSYA. Hardware installation. Conference with a specialist (<i>S-band</i>)
14:30-14:45	FE-1	PMC (<i>S+Ku-band</i>)
14:45-15:05		Prep for delta file downlink
15:00-15:15	CDR	RELAXSTSYA. Star calibration. <i>Conference with a specialist (S-band)</i>
15:05-15:10	FE-1	Temperature probe reading
15:10-15:50		COЖ maintenance
15:15-15:35	CDR	RELAXATSYA. Hardware disassembly
15:35-15:50		PMC (<i>S+Ku-band</i>)
15:50-16:00	FE-1	PAO equipment setup
16:00-16:10	.	PAO prep
16:10-16:30		PAO: Conference with students and teaches of Edinburgh, TX (<i>S+Ku-band</i>)
16:30-17:00	FE-1	RED bolt maintenance
16:30-18:00	CDR	Physical exercise TVIS-4
17:00-18:15	FE-1	Physical exercise RED
18:00-18:15	CDR	UROLUX equipment setup
18:15-18:45		Daily plan review
18:15-18:30	FE-1	RED routine inspection
18:30-18:45		Daily plan review

18:45-19:00		DPC (<i>S-band</i>)
19:00-19:30		Work prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to USOS activities
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